

Socialization Reflection Activity

Choose one social identity from the list below that you would like to reflect on and examine.

- **Race:** A social construct that artificially divides people into distinct groups based on certain characteristics such as physical appearance (particularly skin color) ancestral heritage, cultural affiliation, cultural history, ethnic classification
- **Gender Identity:** An internal, deeply felt sense of being female, male, a blend of both or neither. Refers to how individuals perceive themselves and what they call themselves. Can be the same as or different from their sex assigned at birth
- **Sexual Orientation:** An inherent or immutable enduring emotional, romantic, or sexual attraction to other people
- **Class:** Relative social rank in terms of income, wealth, education, status and/or power

Using this sheet, you will map what you have learned about this identity throughout this time. Use the Cycle of Socialization as a reference and support.

Questions to consider:

1. What messages did you hear/learn about being_____?
2. Where did the messages come from?
 - a. Parents, other family members, religious organizations, schools, teachers, media, other institutions, peers, etc.)
3. What behaviors were encouraged, rewarded, and supported? How?
4. What behaviors were discouraged, unsupported, and punished? How?

Time Frame	Reflection	Graphic
Infancy and Toddlerhood (~0-2 Years)		 Infancy and Toddlerhood (~0-2 Early Childhood (~3-6 Middle Childhood (~7-11 Adolescence (~12-19 years) Early Adulthood (~20-40 Middle Adulthood (~41-65 Late Adulthood (~66+
Early Childhood (~3-6 years)		
Middle Childhood (~7-11 years)		
Adolescence (~12-19 years)		
Early Adulthood (~20-40 years)		
Middle Adulthood (~41-65 years)		
Late Adulthood (~66+ years)		